TERMS AND CONDITIONS

Agreement between User and HolisticQ, LLC.

Welcome to HolisticQ! The http://www.holisticq.com/ website (HolisticQ) consists of various web pages operated by HolisticQ, LLC ("HolisticQ"). HolisticQ is offered to you conditioned on your acceptance without modification of the terms, conditions, and notices contained herein (the "Terms"). Your use of HolisticQ constitutes your agreement to all such Terms. Please read these terms carefully, and keep a copy of them for your reference.

This Site Does Not Provide Medical Advice

The information on this Site is for general information purposes only. Nothing on this Site should be taken as medical advice for any individual case or situation. This information is not intended to create, and receipt or viewing does not constitute, a doctor-patient relationship. If you have questions or are in need of medical advice, you should consult a licensed physician.

Past Performance Disclaimer

Past performance does not guarantee future results. You should not rely on any past performance as a guarantee of future results. HolisticQ makes no warranties, express or implied, concerning the effectiveness of advice or products obtained in connection with this Site.

Electronic Communications

Visiting http://www.holisticq.com/ or sending emails to HolisticQ constitutes electronic communications. You consent to receive electronic communications, and you agree that all agreements, notices, disclosures, and other communications that we provide to you electronically, via email and on the Site, satisfy any legal requirement that such communications be in writing.

Your Account

If you use this site, you are responsible for maintaining the confidentiality of your account and password and for restricting access to your computer, and you agree to accept responsibility for all activities that occur under your account or password. You may not assign or otherwise transfer your account to any other person or entity. You acknowledge that HolisticQ is not responsible for third party access to your account that results from theft or misappropriation of your account. HolisticQ and its associates reserve the right to refuse or cancel service, terminate accounts, or remove or edit content at our sole discretion.

Children Under Thirteen

HolisticQ does not collect personally identifiable information from children under the age of thirteen. However, third party providers may collect such information. If you are under the age of thirteen, you must ask your parent or guardian for permission

to use this website. If you are a parent and you have questions regarding data collection practices, please contact us using the information provided at the end of this Agreement, and we will put you in contact with individuals who can answer your questions. If you are under 18, you may use HolisticQ only with permission of a parent or guardian.

Cancellation/Refund Policy

Links to Third Party Sites/Third Party Services

HolisticQ may contain links to other websites ("Linked Sites"). The Linked Sites are not under the control of HolisticQ, and HolisticQ is not responsible for the contents of any Linked Site, including without limitation any link contained in a Linked Site, or any changes or updates to a Linked Site. HolisticQ is providing these links to you only as a convenience. The inclusion of any link does not imply endorsement by HolisticQ of the site or any association with our operators, nor does it imply the Linked Site's endorsement of HolisticQ or any association with our operators.

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You will not modify, publish, transmit, reverse engineer, participate in the transfer or sale, create derivative works, or in any way exploit any of the content, in whole or

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Use of Communication Services

The Site may contain bulletin board services, chat areas, news groups, forums, communities, personal web pages, calendars, and/or other message or communication facilities designed to enable you to communicate with the public at large or with a group (collectively, "Communication Services"). You agree to use the Communication Services only to post, send and receive messages and material that are proper and related to the particular Communication Service.

By way of example, and not as a limitation, you agree that when using a Communication Service, you will not defame, abuse, harass, stalk, threaten or otherwise violate the legal rights (such as rights of privacy and publicity) of others; publish, post, upload, distribute or disseminate any inappropriate, profane, defamatory, infringing, obscene, indecent or unlawful topic, name material or information; upload files that contain software or other material protected by intellectual property laws (or by rights of privacy of publicity) unless you own or control the rights thereto or have received all necessary consents; upload files that contain viruses, corrupted files, or any other similar software or programs that may damage the operation of another's computer; advertise or offer to sell or buy any goods or services for any business purpose, unless such Communication Service specifically allows such messages; conduct or forward surveys, contests, pyramid schemes or chain letters; download any file posted by another user of a Communication Service that you know, or reasonably should know, cannot be legally distributed in such manner, falsify or delete any author attributions, legal or other proper notices or proprietary designations or labels of the origin or source of software or other material contained in a file that is uploaded; restrict or inhibit any other user from using and enjoying the Communication Services; harvest or otherwise collect information about others, including email addresses, without their consent; violate any applicable laws or regulations.

HolisticQ has no obligation to monitor the Communication Services. However, HolisticQ reserves the right to review materials posted to a Communication Service and to remove any materials in its sole discretion. HolisticQ reserves the right to terminate your access to any or all of the Communication Services at any time without notice for any reason whatsoever.

HolisticQ reserves the right at all times to disclose any information as necessary to satisfy any applicable law, regulation, legal process or government request, or to edit, refuse to post, or to remove any information or materials, in whole or part, in HolisticQ's sole discretion.

Always use caution when giving out any personally identifying information about yourself or your children in any Communication Service. HolisticQ does not control, or endorse the content, messages, or information found in any Communication Service and, therefore, HolisticQ specifically disclaims any liability with regard to the Communication Service. Managers and hosts are not authorized HolisticQ spokespersons, and their views do not necessarily reflect those of HolisticQ.

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No compensation will be paid with respect to the Submission, as provided herein. HolisticQ is under no obligation to post or use any Submission you may provide and may remove any Submission at any time in HolisticQ's sole discretion.

By posting, uploading, inputting, providing or submitting your Submission, you warrant and represent that you own or otherwise control all of the rights to your Submission as described in this section including, without limitation, all the rights necessary for you to provide, post, upload, input, or submit the Submissions.

Third-Party Accounts

You will be able to connect your HolisticQ account to third-party accounts. By connecting your HolisticQ account to your third-party account, you acknowledge and agree that you are consenting to the continuous release of information about you to others (in accordance with your privacy settings on those third-party sites). If you do not want information about you to be shared in this manner, do not use this feature.

Testimonial Disclaimer

Testimonials appearing on this site reflect real life experiences of those that have used products associated with HolisticQ in some way or another. However, they are individual results and results may vary. We do not claim that they are typical results that consumers will generally achieve. The testimonials are not necessarily representative of all of those who will use our products and/or services. The testimonials presented on http://www.holisticq.com/ are applicable to the individuals writing them, and may not be indicative of future performance or success of any other individuals. http://www.holisticq.com/ cannot and does not guarantee results.

International Users

The Service is controlled, operated, and administered by HolisticQ from our office within the USA. If you access the Service from a location outside the USA, you are responsible for compliance with all local laws in the USA. You agree that you will not use the HolisticQ Content accessed through http://www.holisticq.com/ in any country or in any manner prohibited by any applicable laws, restrictions, or regulations.

Indemnification

You agree to indemnify, defend, and hold harmless HolisticQ, its officers, directors, employees, agents, and third parties, for any losses, costs, liabilities, and expenses (including reasonable attorney's fees) related to or arising out of your use of or inability to use the Site or services, any user postings made by you, your violation of any terms of this Agreement or your violation of any rights of a third party, or your violation of any applicable laws, rules or regulations. HolisticQ reserves the right, at its own cost, to assume the exclusive defense and control of any matter otherwise subject to indemnification by you, in which event you will fully cooperate with HolisticQ in asserting any available defenses.

Arbitration

In the event the parties are not able to resolve any dispute between them arising out of or concerning these Terms and Conditions, or any provisions hereof, whether in contract, tort, or otherwise at law or in equity for damages or any other relief, then such dispute shall be resolved only by final and binding arbitration pursuant to the Federal Arbitration Act, conducted by a single neutral arbitrator and administered by the American Arbitration Association, or a similar arbitration service selected by the parties, in a location mutually agreed upon by the parties. The arbitrator's award shall be final, and judgment may be entered upon it in any court having jurisdiction. In the event that any legal or equitable action, proceeding, or arbitration arises out of or concerns these Terms and Conditions, the prevailing party shall be entitled to recover its costs and reasonable attorney's fees. The parties agree to arbitrate all disputes and claims in regards to these Terms and Conditions or any disputes arising as a result of these Terms and Conditions. The parties agree that the Federal Arbitration Act governs the interpretation and enforcement of this provision. The

entire dispute, including the scope and enforceability of this arbitration provision shall be determined by the Arbitrator. This arbitration provision shall survive the termination of these Terms and Conditions.

Class Action Waiver

Any arbitration under these Terms and Conditions will take place on an individual basis; class arbitrations and class/representative/collective actions are not permitted. THE PARTIES AGREE THAT A PARTY MAY BRING CLAIMS AGAINST THE OTHER ONLY IN EACH INDIVIDUAL CAPACITY, AND NOT AS A PLAINTIFF OR CLASS MEMBER IN ANY PUTATIVE CLASS, COLLECTIVE AND/OR REPRESENTATIVE PROCEEDING, SUCH AS IN THE FORM OF A PRIVATE ATTORNEY GENERAL ACTION AGAINST THE OTHER. Further, unless both you and HolisticQ agree otherwise, the arbitrator may not consolidate more than one person's claims, and may not otherwise preside over any form of a representative or class proceeding.

Liability Disclaimer

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Termination/Access Restriction

HolisticQ reserves the right, in its sole discretion, to terminate your access to the Site and the related services or any portion thereof at any time, without notice. To the maximum extent permitted by law, this agreement is governed by the laws of the State of Colorado and you hereby consent to the exclusive jurisdiction and venue of courts in Colorado in all disputes arising out of or relating to the use of the Site. Use of the Site is unauthorized in any jurisdiction that does not give effect to all provisions of these Terms, including, without limitation, this section.

You agree that no joint venture, partnership, employment, or agency relationship exists between you and HolisticQ as a result of this agreement or use of this Site. HolisticQ's performance of this agreement is subject to existing laws and legal process, and nothing contained in this agreement is derogation of HolisticQ's right to comply with governmental, court and law enforcement requests or requirements relating to your use of the Site or information provided to or gathered by HolisticQ with respect to such use. If any part of this agreement is determined to be invalid or unenforceable pursuant to applicable law including, but not limited to, the warranty disclaimers and liability limitations set forth above, then the invalid or unenforceable provision will be deemed superseded by a valid, enforceable provision that most closely matches the intent of the original provisions and the remainder of the agreement shall continue in effect.

Unless otherwise specified herein, this agreement constitutes the entire agreement between the user and HolisticQ with respect to the Site and it supersedes all prior or contemporaneous communications and proposals, whether electronic, oral or written, between the user and HolisticQ with respect to the Site. A printed version of this agreement and of any notice given in electronic form shall be admissible in judicial or administrative proceedings based upon or relating to this agreement to the same extent and subject to the same conditions as other business documents and records originally generated and maintained in printed form. It is the express wish of the parties that this agreement and all related documents be written in English.

Changes to Terms

HolisticQ reserves the right, in its sole discretion to change the Terms under which http://www.holisticq.com is offered. The most current version of the Terms will supersede all previous versions. HolisticQ encourages you to periodically review the Terms to stay informed of our updates.

Contact Us

HolisticQ welcomes your questions or comments regarding the Terms:

HolisticQ, LLC contact@holisticq.com

Effective as of January 1, 2020.